

Orange Curtain 100 km run / 50 km fun run

DATE: Saturday, February 20, 2010
START: 6:00 am at Liberty Park, Cerritos, CA
CUTOFF: 14 hours for both 100 km and 50 km
ENTRY FEE: 100 km \$60.00 50 km \$40.00

No race-day entry.

Under 18 permitted with parents' permission and race director's approval.

COURSE: 10 km out and back, repeated 10 times. Surface is asphalt bike path.
Approx. 90% of course has dirt path next to bike path.
Course will be in use by other pedestrians (esp. bicycles) and possibly equestrians on race day.

Temperatures may range from 30 degrees to 80 degrees on race day.
Average Temperatures range between 47 and 68 degrees in February.

AID: Two aid stations (every 5 km), stocked with typical ultra foods.
Entrants may leave drop bags at start line, passed every 10 km.
Race will NOT provide ibuprofen, aspirin, etc.

INFO: Please see website at <http://www.oc100k.com>

Name: (print) _____ Phone #: _____
Address: _____ City _____
State _____ Zip _____ Age on race day _____ Gender M [] F []
Is this your first ultra? Y [] N []
USATF Membership Number: _____
Distance: 100km [] 50km [] Email address: _____

WAIVER OF LIABILITY

IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I, THE BELOW SIGNED, INTEND TO BE LEGALLY BOUND HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST THE RACE ORGANIZERS, VOLUNTEERS AND OFFICIALS, SPONSORS, AND USATF FROM CLAIMS FOR DAMAGES. I VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT AND A LICENSED MEDICAL DOCTOR HAS VERIFIED MY PHYSICAL CONDITION.

SIGNATURE _____ DATE _____

Guardian Signature (if under 18) _____

Make checks payable to Jay Anderson. Send entry to Jay Anderson, 6237 Marian Ave, Buena Park, CA 90620. For further information, call Jay Anderson Cell (714) 225-9349. Email: jayspenceranderson@yahoo.com.